The 7 days Online SSB Workshop was conducted from 2 Sep to 8 Sep 2020 on a platform i.e. The flying edge which is an android application. The students who aspire to join Indian Armed forces attended the session. In the workshop of 21 hours which was of seven days (3 hours each day), all the three verticals of SSB (Interview, Psychology and GTO) were covered.

This workshop was the advance version of the basic workshop which was of six days. USP of this seven days training program was an individual feedbacks of Psychology tests to each candidate. Methods to enhance thought generation were also been discussed and furthermore, feedbacks for the Personal Interview were also been given.

Extensive practice give holistic learning and this aim was been achieved in this seven days. Students who were active each day have shown keen interest in writing psychology tests and kept continuously sending on given email which were been assessed and feedbacks were been given.

There are bright chances to see many of them coming out with flying colors in the long run.

Jai hind

## Report

The flying edge which is an android application. The students who aspire to join Indian Armed forces attended the session. In the workshop of 18 hours which was of six days (3 hours each day), all the three verticals of SSB (Interview, Psychology and GTO) were covered. An aim was to throw light on what the system looks in a candidate? And how to begin preparation for SSB?. The concept which was highlighted was "To prepare for life' since SSB is a subset of life. It was indeed a good experience since right from the commencement to the culmination of workshop in which students were actively participating and an average strength was around 35 to 45 students.

In the challenging situation students ensured having apt data connectivity and availability at their end which facilitated smooth and good execution of all the sessions. The efforts of students are also appreciable for being active and ensuring meeting the pre requisites. During the span there was a two way traffic of communication where students triggered genuine doubts which reflected their interest to learn and grasp.

The topics which were covered were:

- 1. Interview basics
- 2. C's in Interview
- 3. Strength and Weakness
- 4. 70 often asked questions in SSB Interview
- 5. TAT
- 6. WAT
- 7. SRT
- 8. SDT
- 9. A brief about GTO tasks

However, the sessions were to address basics of the topics and a path which an aspirant must follow to cultivate the OLQ's in daily routine. All the sessions were been conducted by Mr. Ankitpal Singh from Indore (M.P.).