

Name of the Event: Three Magical Steps to Teaching Excellence
Name of Expert: Er. Gursharan Singh
Date: 16 July, 2019
Venue: Testing & Consultancy Seminar Hall, GNDEC, Ludhiana

Course content:

Er. Gursharan Singh described that our job is to make the students excited while they attend the lecture. He started this with an exercise of clapping. In this exercise everybody had to clap starting from a low pace to high. The aim seems to bring some energy in the audience and so that they can enjoy along with learning.

- Two sides of human life: Physiology and Psychology, both are interrelated. Without Physiology, Psychology goes down.
- State of mind where one learns and State of Question mark where one is worried about what will happen or simply one is not interested.
- Purpose of life: where he asked two questions: Would you like to live a better life? And Would you like to become better? If you want to live a better life, be in order (Self-discipline). There is no use of running if you are not on the right road.
- Signs of life: A- Activity (To do a task), W- Work (adding value), S-Service (Dedicate your work to the God/ a better cause/ purpose).
- You Have - Your Powers: You got everything which is required to achieve anything. We have God-like power and we must be thankful to the God for giving it to us. He recommended books: 'Science of wellness' and 'Science of Wealth'.

Three Magical Steps to Teaching Excellence:

Step 1: Know Yourself: You are God's best creation. You are a unique personality with a plethora of positive traits which are to be identified and improved.

Step 2: Grow Yourself: Growth: The internal urge. Grow with character, competence and confidence. If you plan on being anything less than you are capable of being. You will probably be unhappy all the days of your life. Follow the Triangle of Life with 3 parameters: Quality of Relation (Ability to positively connect), Quality of Health (Energy, positive mind set and positive habit), Quality of Wealth (Ability to serve and avail services)

Step 3: Show Yourself: Be thankful. Bring empowerment and progress in your daily routine. Develop habit of problem solving and then you won't have any. If not, then life is a problem. Become a Role model so that you, your family and your community take pride in it. Give your best on daily basis.

Expected benefits derived and how it will be helpful to the college: This course enlightened me with a new approach to life and teaching.